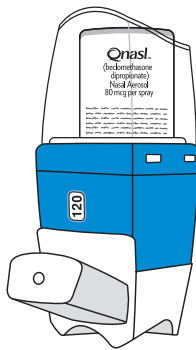


**COMBINED PATIENT INFORMATION & INSTRUCTIONS FOR USE**

**QNASL (*kyoo nay' zel*)  
(beclomethasone dipropionate)  
Nasal Aerosol**

**[QNASL 80mcg begins on page 2](#)**

**[QNASL 40mcg begins on page 4](#)**



**Qnasl®**  
(beclomethasone  
dipropionate)  
Nasal Aerosol  
80 mcg per spray

**PATIENT  
INFORMATION AND  
INSTRUCTIONS  
FOR USE**

## PATIENT INFORMATION AND INSTRUCTIONS FOR USE LEAFLET

**PATIENT INFORMATION**  
**QNASL (*kyoo nay' zel*)**  
**(beclomethasone dipropionate)**  
**Nasal Aerosol**

### For Intranasal Use Only

Read this Patient Information before you start using QNASL Nasal Aerosol and each time you get a refill. There may be new information. This information does not take the place of talking to your healthcare provider about your medical condition or your treatment.

### What is QNASL Nasal Aerosol?

QNASL Nasal Aerosol is a prescription medicine that treats seasonal nasal and year-round nasal allergy symptoms in adults and adolescents 12 years of age and older.

QNASL Nasal Aerosol contains beclomethasone dipropionate, which is a man-made (synthetic) corticosteroid. Corticosteroids are natural substances found in the body that reduce inflammation. When you spray QNASL Nasal Aerosol into your nose, it may help reduce the nasal symptoms of allergic rhinitis (inflammation of the lining of the nose), such as stuffy nose, runny nose, itching, and sneezing.

It is not known if QNASL Nasal Aerosol is safe and effective in children under 12 years of age.

### Who should not use QNASL Nasal Aerosol?

**Do not use QNASL Nasal Aerosol if you** are allergic to beclomethasone dipropionate or any of the ingredients in QNASL Nasal Aerosol. See the end of this Patient Information leaflet for a complete list of ingredients in QNASL Nasal Aerosol.

### What should I tell my healthcare provider before using QNASL Nasal Aerosol?

**Before you use QNASL Nasal Aerosol, tell your healthcare provider if you:**

- Have had recent nose problems, such as nasal sores, nasal surgery, or a nasal injury
- Have or have had eye problems, such as increased pressure in your eye (glaucoma) or cataracts
- Have tuberculosis or any untreated fungal, bacterial, or viral infections, or eye infections caused by herpes
- Have not had or been vaccinated for chickenpox or measles
- Are pregnant or plan to become pregnant. It is not known if QNASL Nasal Aerosol will harm your unborn baby. Talk to your healthcare provider if you are pregnant or plan to become pregnant
- Are breastfeeding or plan to breastfeed. It is not known if QNASL Nasal Aerosol passes into your breast milk. Talk to your healthcare provider about the best way to feed your baby if you are using QNASL Nasal Aerosol

**Tell your healthcare provider about all of the medications you take**, including prescription and non-prescription medicines, vitamins, and herbal supplements

QNASL Nasal Aerosol and other medications may affect each other and cause side effects. QNASL Nasal Aerosol may affect the way other medications work, and other medications may affect the way QNASL Nasal Aerosol works.

Especially tell you healthcare provider if you take other corticosteroid medicines.

Ask your healthcare provider for a list of these medicines if you are not sure.

Know the medications you take. Keep a list of your medications with you to show your healthcare provider and pharmacist when a new medication is prescribed.

### How should I use QNASL Nasal Aerosol?

- Read the Instructions for Use at the end of this leaflet for specific information about the right way to use QNASL Nasal Aerosol
- QNASL Nasal Aerosol is for use in the nose only. **Do not** spray it into your eyes or mouth
- Use QNASL Nasal Aerosol exactly as your healthcare provider tells you to use it. **Do not** use more of your medicine or take it more often than your healthcare provider tells you
- QNASL Nasal Aerosol must be primed before you use it for the first time and if you do not use it for 7 or more days in a row. **Do not** prime your QNASL Nasal Aerosol every day
- Your QNASL Nasal Aerosol has a spray counter which should read 120 sprays after your 4 initial priming sprays
- **Do not** use your QNASL Nasal Aerosol after the spray counter reads 0. You may not get the right amount of medicine
- The usual dose of QNASL Nasal Aerosol is 2 sprays in each nostril, 1 time a day. You should not use more than a total of 4 sprays per day
- You will get the best results if you keep using QNASL Nasal Aerosol regularly each day. If your symptoms do not improve or get worse, call your healthcare provider

### What are the possible side effects of QNASL Nasal Aerosol?

**QNASL Nasal Aerosol may cause serious side effects, including:**

- **Nosebleeds or nasal ulcers.** Your healthcare provider should check the inside of your nose (nasal mucosa) while you take QNASL Nasal Aerosol for problems. Talk to your healthcare provider if you have nosebleeds or nasal ulcers

- **Thrush (*candida*), a fungal infection in your nose, mouth, or throat.** Tell your healthcare provider if you have any redness or white colored patches in your mouth or throat
- **Slow wound healing.** You should not use QNASL Nasal Aerosol until your nose has healed if you have a sore in your nose, you have had surgery on your nose, or your nose has been injured
- **Eye problems such as glaucoma and cataracts.** If you have a history of glaucoma or cataracts, or have a family history of eye problems, you should have regular eye exams while you use QNASL Nasal Aerosol
- **Adrenal insufficiency.** Adrenal insufficiency is a condition in which the adrenal glands do not make enough steroid hormones. Symptoms of adrenal insufficiency may include:
  - Tiredness
  - Weakness
  - Dizziness
  - Nausea
  - Vomiting
- **Allergic reactions.** Serious allergic reactions can happen in people taking QNASL Nasal Aerosol. Stop using QNASL Nasal Aerosol and call your healthcare provider right away or get emergency medical help if you have:
  - Shortness of breath or trouble breathing
  - Skin rash, redness, or swelling
  - Severe itching
  - Swelling of your lips, tongue, or face
- **Immune system problems that may increase your risk of infections.** You are more likely to get infections if you take medicines that may weaken your body's ability to fight infection. Avoid contact with people who have contagious diseases such as chickenpox or measles while you use QNASL Nasal Aerosol. Symptoms of an infection may include:
  - Fever
  - Pain
  - Aches
  - Chills
  - Feeling tired
  - Nausea
  - Vomiting
- **Slowed growth in children.** A child's growth should be checked regularly while using QNASL Nasal Aerosol

The most common side effects with QNASL Nasal Aerosol include:

- Nasal discomfort
- Nosebleeds
- Headache

Tell your healthcare provider if you have any side effect that bothers you or that does not go away.

These are not all of the possible side effects of QNASL Nasal Aerosol. For more information, ask your healthcare provider or pharmacist.

**Call your healthcare provider for medical advice about side effects. You may report side effects to the FDA by calling 1-800-FDA-1088.**

### How should I store QNASL Nasal Aerosol?

- Store QNASL Nasal Aerosol at room temperature 59°F to 86°F (15°C to 30°C)
- **Do not** puncture the QNASL Nasal Aerosol canister
- **Do not** store the QNASL Nasal Aerosol canister near heat or a flame. Temperatures above 120°F (49°C) may cause the canister to burst
- **Do not** throw the QNASL Nasal Aerosol canister into a fire or an incinerator
- Safely throw away medicine that is out of date or no longer needed

**Keep QNASL Nasal Aerosol and all medicines out of the reach of children.**

**General information about the safe and effective use of QNASL Nasal Aerosol**

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use QNASL Nasal Aerosol for a condition for which it was not prescribed. Do not give QNASL Nasal Aerosol to other people, even if they have the same symptoms that you have. It may harm them.

This Patient Information summarizes the most important information about QNASL Nasal Aerosol. If you would like more information, talk with your healthcare provider. You can ask your pharmacist or healthcare provider for information about QNASL Nasal Aerosol that is written for health professionals.

For more information, go to [www.QNASL.com](http://www.QNASL.com) or call 1-855-55-QNASL (1-855-557-6275).

### What should I know about allergic rhinitis?

"Rhinitis" means inflammation of the lining of the nose. Allergic rhinitis is sometimes called "hay fever." Allergic rhinitis can be caused by allergies to pollen, animal dander, house dust mites, mold spores, and other things. If you have allergic rhinitis, your nose becomes stuffy, runny, and itchy. You may also sneeze a lot. You may also have red, itchy, watery eyes or an itchy throat; or blocked, itchy ears.

### What are the ingredients in QNASL Nasal Aerosol?

**Active ingredient:** beclomethasone dipropionate.

**Inactive ingredient:** propellant HFA-134a and ethanol.

**PLEASE SEE NEXT PAGE FOR INSTRUCTIONS FOR USE.**

# INSTRUCTIONS FOR USE

**Qnasl®**  
(beclomethasone  
dipropionate)  
Nasal Aerosol  
80 mcg per spray

## QNASL (*kyoo nay' zel*) (beclomethasone dipropionate) Nasal Aerosol

Read these Instructions for Use for QNASL Nasal Aerosol before you start using it and each time you get a refill. There may be new information. This leaflet does not take the place of talking to your healthcare provider about your medical condition or treatment.

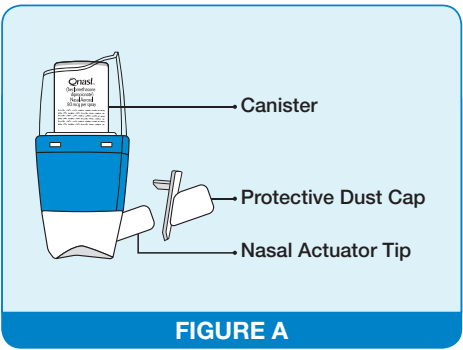
**Note: For Use in the Nose Only.**

- **Do not** spray QNASL Nasal Aerosol into your eyes or directly onto your nasal septum (the wall between your 2 nostrils)

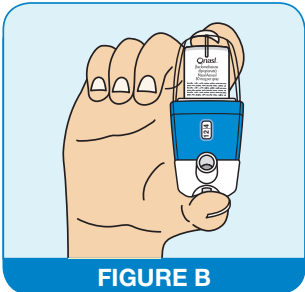
**The parts of your QNASL Nasal Aerosol**

The QNASL Nasal Aerosol device comes as a canister that fits into a nasal actuator with a built in spray counter and protective dust cap. **(See Figure A)**

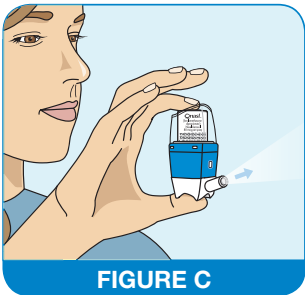
- **Do not** use the QNASL Nasal Aerosol actuator with a canister of medicine from any other inhaler
- **Do not** use the QNASL Nasal Aerosol canister with an actuator from any other inhaler
- **Do not** remove the QNASL Nasal Aerosol canister from the actuator



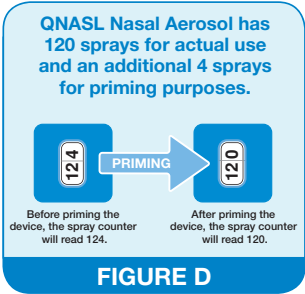
**FIGURE A**  
FOR INTRANASAL ADMINISTRATION ONLY.



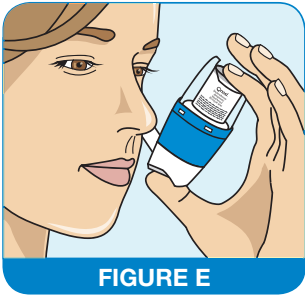
**FIGURE B**  
FOR INTRANASAL ADMINISTRATION ONLY.



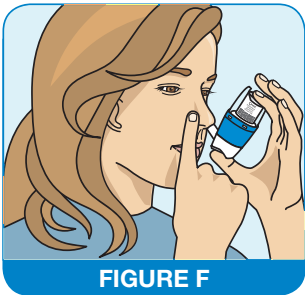
**FIGURE C**  
FOR INTRANASAL ADMINISTRATION ONLY.



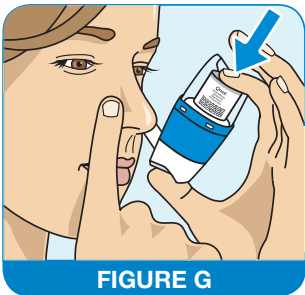
**FIGURE D**  
FOR INTRANASAL ADMINISTRATION ONLY.



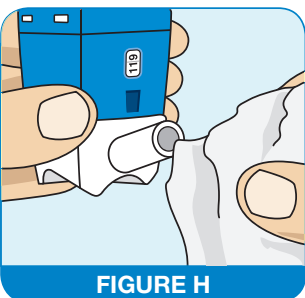
**FIGURE E**  
FOR INTRANASAL ADMINISTRATION ONLY.



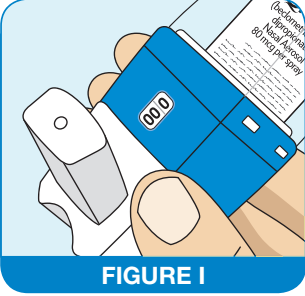
**FIGURE F**  
FOR INTRANASAL ADMINISTRATION ONLY.



**FIGURE G**  
FOR INTRANASAL ADMINISTRATION ONLY.



**FIGURE H**  
FOR INTRANASAL ADMINISTRATION ONLY.



**FIGURE I**  
FOR INTRANASAL ADMINISTRATION ONLY.

**Priming your QNASL Nasal Aerosol for use**

- Remove your QNASL Nasal Aerosol device from its package
- Your QNASL Nasal Aerosol device must be primed before you use it for the first time or if it has not been used for more than 7 days in a row
- Remove the protective dust cap from the device
- Hold the nasal actuator upright between your thumb and forefinger (index finger). The canister should be on top and the white nasal actuator tip on bottom **(See Figure B)**
- If you have never used your QNASL Nasal Aerosol device before, spray it 4 times into the air, away from your eyes and face, by pressing down fully on the top of the canister 4 times **(See Figure C)**. Your QNASL Nasal Aerosol device is now ready to use
- After the first time you prime your QNASL Nasal Aerosol device, the spray counter should read 120 **(See Figure D)**
- **Do not** prime your QNASL Nasal Aerosol device every day
- If you have used your QNASL Nasal Aerosol device before, but it has not been used in more than 7 days, it must be reprimed. To reprime your QNASL Nasal Aerosol device, spray it 2 times into the air, away from your eyes and face, by pressing down fully on the top of the canister 2 times. Your QNASL Nasal Aerosol device is now ready to use

**Using your QNASL Nasal Aerosol device**

**Step 1:** Blow your nose to clear your nostrils.

**Step 2:** Remove the protective dust cap from your QNASL Nasal Aerosol device.

**Step 3:** Inspect the nasal actuator tip to confirm it is clear of foreign objects.

**Step 4:** Hold your QNASL Nasal Aerosol device upright and insert the nasal actuator tip into one nostril **(See Figure E)**.

**Step 5:** Point the QNASL Nasal Aerosol device slightly away from the wall between your nostrils (nasal septum) while holding your other nostril closed **(See Figure F)**.

**Step 6:** Hold your breath and press down firmly and completely on the canister to release 1 spray **(See Figure G)**. Continue to hold your breath for 5 seconds after releasing the spray and then breathe out slowly through your mouth. Take the QNASL Nasal Aerosol device out of your nostril.

**Step 7:** Repeat steps 3-6 for the second spray in the same nostril.

**Step 8:** Repeat steps 3-7 for your other nostril.

**Step 9:** You should not blow your nose for the next 15 minutes.

**Note:** The spray counter will count down each time there is a spray released from your QNASL Nasal Aerosol device.

**Step 10:** Clean and store your device. See “Cleaning your QNASL Nasal Aerosol device.”

**Cleaning your QNASL Nasal Aerosol device**

- Wipe the nasal actuator tip with a clean, dry tissue or cloth **(See Figure H)**
- **Do not wash or put any part of the QNASL Nasal Aerosol canister or actuator in water**
- Replace the protective dust cap
- Keep your device clean and dry at all times

**How to know when to stop using your QNASL Aerosol device**

- The QNASL Nasal Aerosol device has a spray counter, which is there to let you know how many sprays of medicine you have left
- **Do not** use your QNASL Nasal Aerosol device when 0 is shown in the spray counter window **(See Figure I)**
- Throw away your QNASL Nasal Aerosol device when the spray counter reaches 0
- **Do not** throw your QNASL Nasal Aerosol canister into a fire or an incinerator
- Talk with your healthcare provider before your supply of QNASL Nasal Aerosol runs out to see if you should get a refill

**This PPI and Instructions for Use has been approved by the U.S. Food and Drug Administration.**

## **PATIENT INFORMATION**

### **QNASL (*kyoo nay' zel*) (beclomethasone dipropionate) Nasal Aerosol**

#### **For Intranasal Use Only**

**QNASL Nasal Aerosol is available in 2 different strengths:**

- **QNASL Nasal Aerosol 40 mcg is only for use in children 4 years to 11 years of age and should be given under the supervision of a parent, guardian or caregiver.**
- **QNASL Nasal Aerosol 80 mcg is only for use in adolescents and adults 12 years of age and older.**

Read this Patient Information before your child starts using QNASL Nasal Aerosol and each time you get a refill. There may be new information. This information does not take the place of talking to the healthcare provider about your child's medical condition or treatment.

#### **What is QNASL Nasal Aerosol?**

QNASL Nasal Aerosol is a prescription medicine that treats seasonal nasal and year-round nasal allergy symptoms in children 4 years of age and older and adults.

QNASL Nasal Aerosol contains beclomethasone dipropionate, which is a man-made (synthetic) corticosteroid. Corticosteroids are natural substances found in the body that reduce inflammation. When QNASL Nasal Aerosol is sprayed into the nose, it may help reduce the nasal symptoms of allergic rhinitis (inflammation of the lining of the nose), such as stuffy nose, runny nose, itching, and sneezing.

It is not known if QNASL Nasal Aerosol is safe and effective in children under 4 years of age.

#### **Who should not use QNASL Nasal Aerosol?**

**Do not use QNASL Nasal Aerosol if your child is** allergic to beclomethasone dipropionate or any of the ingredients in QNASL Nasal Aerosol. See the end of this Patient Information leaflet for a complete list of ingredients in QNASL Nasal Aerosol.

#### **What should you tell your child's healthcare provider before using QNASL Nasal Aerosol?**

**Before your child uses QNASL Nasal Aerosol, tell the healthcare provider if your child:**

- Has had recent nose problems such as nasal sores, nasal surgery, or a nasal injury

- Has or have had eye problems, such as increased pressure in their eye (glaucoma) or cataracts
- Has tuberculosis or any untreated fungal, bacterial, or viral infections, or eye infections caused by herpes
- Has not had or been vaccinated for chickenpox or measles
- Is pregnant or plans to become pregnant. It is not known if QNASL Nasal Aerosol will harm the unborn baby. Talk to the healthcare provider if your child is pregnant or plans to become pregnant
- Is breastfeeding or plans to breastfeed. It is not known if QNASL Nasal Aerosol passes into your breast milk. Talk to the healthcare provider about the best way to feed the baby if your child is using QNASL Nasal Aerosol

**Tell the healthcare provider about all of the medicines your child takes,** including prescription and over-the-counter medicines, vitamins, and herbal supplements.

QNASL Nasal Aerosol and other medicines may affect each other and cause side effects. QNASL Nasal Aerosol may affect the way other medicines work, and other medicines may affect the way QNASL Nasal Aerosol works.

Especially tell the healthcare provider if your child takes other corticosteroid medicines.

Ask the healthcare provider for a list of these medicines if you are not sure.

Know the medicines your child takes. Keep a list of your child's medicines with you to show the healthcare provider and pharmacist when a new medicine is prescribed.

### **How should your child use QNASL Nasal Aerosol?**

- **QNASL Nasal Aerosol 40 mcg is only for use in children 4 years to 11 years of age and should be given under the supervision of a parent, guardian or caregiver.**
- Read the **Instructions for Use** at the end of this leaflet for specific information about the right way to use QNASL Nasal Aerosol.
- QNASL Nasal Aerosol is for use in the nose only. **Do not** let your child spray it in their eyes or mouth.
- Use QNASL Nasal Aerosol exactly as the healthcare provider tells your child to use it. **Do not** let your child use more of the medicine or take it more often than the healthcare provider tells you.
- QNASL Nasal Aerosol must be primed before it is used for the first time and if your child does not use it for **7** or more days in a row. **Do not** prime the QNASL Nasal Aerosol every day.
- The QNASL Nasal Aerosol has a spray counter which should read **120** sprays for the **120**-actuation product or **60** sprays for the **60**-actuation product after the **4** initial priming sprays.

- **Do not** use the QNASL Nasal Aerosol after the spray counter reads **0**. Your child may not get the right amount of medicine.
- The usual dose of QNASL Nasal Aerosol 40 mcg is **1 spray in each nostril, 1 time a day for children who are 4 years to 11 years of age**. Your child should not use more than a total of **2** sprays per day.
- Your child will get the best results if they keep using QNASL Nasal Aerosol regularly each day. If your child's symptoms do not improve or get worse, call the healthcare provider.

### **What are the possible side effects of QNASL Nasal Aerosol?**

#### **QNASL Nasal Aerosol may cause serious side effects, including:**

- **Nose bleeds or nasal ulcers.** The healthcare provider should check the inside of your child's nose (nasal mucosa) while your child takes QNASL Nasal Aerosol for problems. Talk to the healthcare provider if your child has nose bleeds or nasal ulcers.
- **Thrush (*candida*), a fungal infection in the nose, mouth, or throat.** Tell the healthcare provider if your child has any redness or white colored patches in their mouth or throat.
- **Slow wound healing.** Your child should not use QNASL Nasal Aerosol until their nose has healed if there was a sore in their nose, they had surgery on their nose, or their nose has been injured.
- **Eye problems such as glaucoma and cataracts.** If there is a history of glaucoma or cataracts or a family history of eye problems, your child should have regular eye exams while using QNASL Nasal Aerosol.
- **Adrenal insufficiency.** Adrenal insufficiency is a condition in which the adrenal glands do not make enough steroid hormones. Symptoms of adrenal insufficiency may include:
  - o Tiredness
  - o Weakness
  - o Dizziness
  - o Nausea
  - o Vomiting
- **Allergic reactions.** Serious allergic reactions can happen in people taking QNASL Nasal Aerosol. Stop using QNASL Nasal Aerosol and call your child's healthcare provider right away or get emergency medical help if your child has:
  - o Shortness of breath or trouble breathing
  - o Skin rash, redness, or swelling
  - o Severe itching
  - o Swelling of your lips, tongue or face

- **Immune system problems that may increase your child's risk of infections.** Your child is more likely to get infections if they take medicines that may weaken their body's ability to fight infection. Your child should avoid contact with people who have contagious diseases such as chicken pox or measles while using QNASL Nasal Aerosol. Symptoms of an infection may include:
  - o Fever
  - o Pain
  - o Aches
  - o Chills
  - o Feeling tired
  - o Nausea
  - o Vomiting
- **Slowed growth in children.** Your child's growth should be checked regularly while using QNASL Nasal Aerosol

The most common side effects with QNASL Nasal Aerosol 40 mcg in **children who are 4 years to 11 years of age** include:

- Epistaxis (nose bleeding)
- Headache
- Fever
- Upper respiratory tract infection
- Runny nose and sore throat

Tell the healthcare provider if your child has any side effect that bothers them or that does not go away.

These are not all the possible side effects of QNASL Nasal Aerosol. For more information, ask the healthcare provider or pharmacist.

**Call your healthcare provider for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.**

**How should I store QNASL Nasal Aerosol?**

- Store QNASL Nasal Aerosol at room temperature 59°F to 86°F (15°C to 30°C)
- **Do not** puncture the QNASL Nasal Aerosol canister
- **Do not** store the QNASL Nasal Aerosol canister near heat or a flame. Temperatures above 120°F (49°C) may cause the canister to burst
- **Do not** throw the QNASL Nasal Aerosol canister into a fire or an incinerator
- Safely throw away medicine that is out of date or no longer needed

**Keep QNASL Nasal Aerosol and all medicines out of the reach of children.**

**General information about the safe and effective use of QNASL Nasal Aerosol**

Medicines are sometimes prescribed for purposes other than those listed in a Patient Information leaflet. Do not use QNASL Nasal Aerosol for a condition for which it was not prescribed. Do not give QNASL Nasal Aerosol to other people, even if they have the same symptoms that your child has. It may harm them.

This Patient Information summarizes the most important information about QNASL Nasal Aerosol. If you would like more information, talk with the healthcare provider. You can ask your pharmacist or healthcare provider for information about QNASL Nasal Aerosol that is written for health professionals.

For more information, go to [www.QNASL.com](http://www.QNASL.com) or call 1-855-55-QNASL (1-855-557-6275).

### **What should I know about allergic rhinitis?**

"Rhinitis" means inflammation of the lining of the nose. Allergic rhinitis is sometimes called "hay fever." Allergic rhinitis can be caused by allergies to pollen, animal dander, house dust mites, mold spores, and other things. If your child has allergic rhinitis, their nose becomes stuffy, runny, and itchy. He/she may also sneeze a lot. Your child may also have red, itchy, watery eyes or an itchy throat; or blocked, itchy ears.

### **What are the ingredients in QNASL Nasal Aerosol?**

**Active ingredient:** beclomethasone dipropionate

**Inactive ingredient:** propellant HFA-134a and ethanol

**PLEASE SEE REVERSE SIDE FOR INSTRUCTIONS FOR USE.**



## **INSTRUCTIONS FOR USE**

### **QNASL (*kyoo nay' zel*) (beclomethasone dipropionate) Nasal Aerosol**

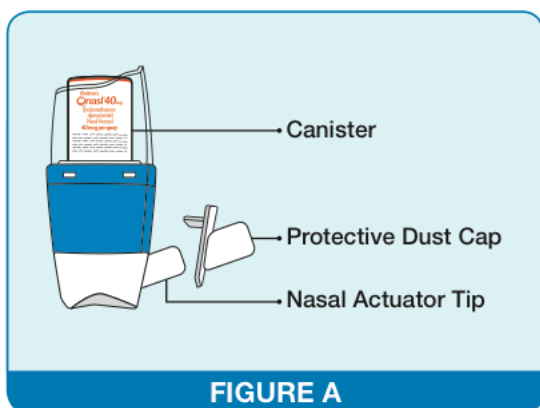
Read these Instructions for Use for QNASL Nasal Aerosol before your child starts using it and each time you get a refill. There may be new information. This leaflet does not take the place of talking to the healthcare provider about your child's medical condition or treatment.

#### **Note: For Use in the Nose Only.**

- **Do not** spray QNASL Nasal Aerosol in the eyes or directly onto the nasal septum (the wall between the 2 nostrils).

#### **The parts of your QNASL Nasal Aerosol**

The QNASL Nasal Aerosol device comes as a canister that fits into a nasal actuator with a built-in spray counter and protective dust cap. **(See Figure A)**

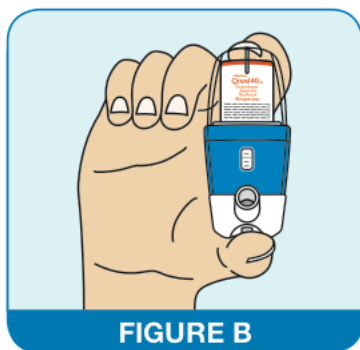


**FOR INTRANASAL ADMINISTRATION ONLY.**

- **Do not** use the QNASL Nasal Aerosol actuator with a canister of medicine from any other inhaler.
- **Do not** use the QNASL Nasal Aerosol canister with an actuator from any other inhaler.
- **Do not** remove the QNASL Nasal Aerosol canister from the actuator.

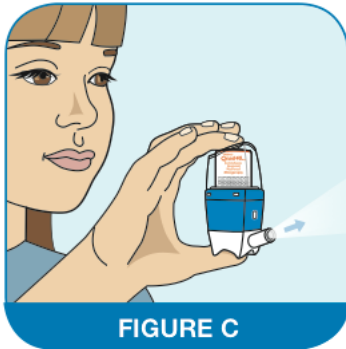
#### **Priming the QNASL Nasal Aerosol for Use**

- Remove the QNASL Nasal Aerosol device from its package.
- The QNASL Nasal Aerosol device must be primed before your child uses it for the first time or if it has not been used for more than **7** days in a row.
- Remove the protective dust cap from the device.
- Hold the nasal actuator upright between your thumb and forefinger (index finger). The canister should be on top and the white nasal actuator tip on bottom (**See Figure B**).



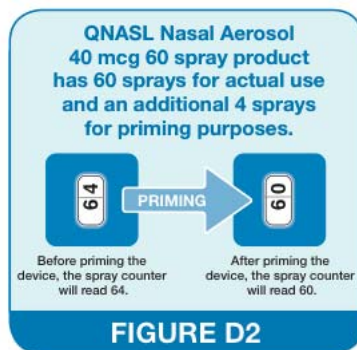
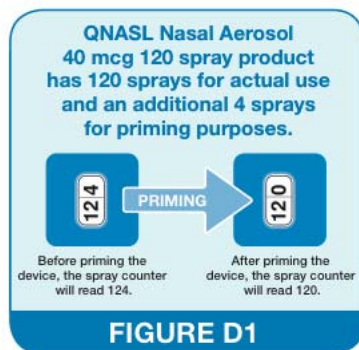
**FOR INTRANASAL ADMINISTRATION ONLY.**

- If your child has never used the QNASL Nasal Aerosol device before, spray it **4** times into the air, away from the eyes and face, by pressing down fully on the top of the canister **4** times (**See Figure C**). The QNASL Nasal Aerosol device is now ready to use.



**FOR INTRANASAL ADMINISTRATION ONLY.**

- After the first time the QNASL Nasal Aerosol device is primed, the spray counter should read **120** (See Figure D1) or **60** (See Figure D2).



**FOR INTRANASAL ADMINISTRATION ONLY.**

- Do not** prime the QNASL Nasal Aerosol device every day.
- If your child has used your QNASL Nasal Aerosol device before, but it has not been used in more than **7** days, it must be reprimed. To reprime the QNASL Nasal Aerosol device, spray **2** times into the air, away from the eyes and face, by pressing down fully on the top of the canister **2** times. The QNASL Nasal Aerosol device is now ready to use.

### **Using the QNASL Nasal Aerosol 40 mcg device in Children 4 years to 11 Years of Age**

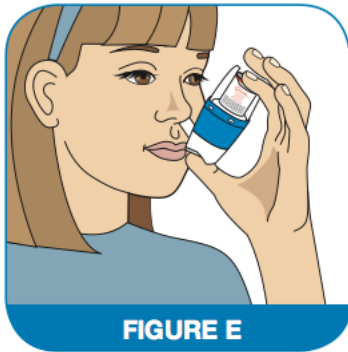
Children may need help from parents, guardians or caregivers.

**Step 1:** Have your child blow their nose to clear their nostrils.

**Step 2** Remove the protective dust cap from the QNASL Nasal Aerosol device.

**Step 3:** Inspect the nasal actuator tip to confirm it is clear of foreign objects.

**Step 4:** Hold the QNASL Nasal Aerosol device upright and insert the nasal actuator tip into 1 nostril (**See Figure E**).



**FIGURE E**

**FOR INTRANASAL ADMINISTRATION ONLY.**

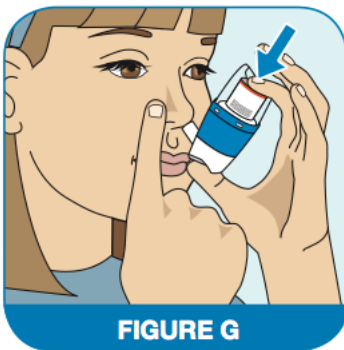
**Step 5:** Point the QNASL Nasal Aerosol device slightly away from the wall between the nostrils (nasal septum) while holding the other nostril closed (**See Figure F**).



**FIGURE F**

**FOR INTRANASAL ADMINISTRATION ONLY.**

**Step 6:** Have your child hold their breath and press down firmly and completely on the canister to release **1** spray (**See Figure G**). Continue to have your child hold their breath for **5** seconds after releasing the spray and then have them breathe out slowly through their mouth. Take the QNASL Nasal Aerosol device out of the nostril.



**FIGURE G**

**FOR INTRANASAL ADMINISTRATION ONLY.**

**Step 7:** Repeat steps **3-6** for the other nostril.

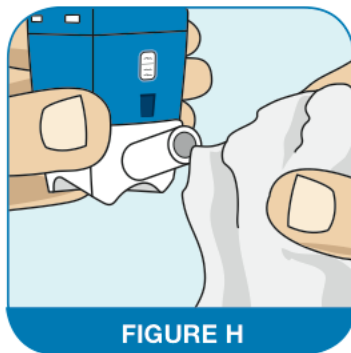
**Step 8:** Your child should not blow their nose for the next **15** minutes.

**Note:** The spray counter will count down each time there is a spray released from the QNASL Nasal Aerosol device.

**Step 9:** Clean and store the device. See "Cleaning the QNASL Nasal Aerosol device."

### **Cleaning the QNASL Nasal Aerosol device**

- Wipe the nasal actuator tip with a clean, dry tissue or cloth **(See Figure H)**
- **Do not wash or put any part of the QNASL Nasal Aerosol canister or actuator in water**
- Replace the protective dust cap.
- Keep QNASL Nasal Aerosol device clean and dry at all times.



### **How to know when to stop using the QNASL Nasal Aerosol device**

- The QNASL Nasal Aerosol device has a spray counter, which is there to let you know how many sprays of medicine are left.
- **Do not** use the QNASL Nasal Aerosol device when **0** is shown in the spray counter window **(See Figure I)**.



- Throw away the QNASL Nasal Aerosol device when the spray counter reaches **0**.
- **Do not** throw the QNASL Nasal Aerosol canister into a fire or an incinerator.
- Talk with the health care provider before the supply of QNASL Nasal Aerosol runs out to see if you should get a refill.

**This Patient Information and Instructions for Use has been approved by the U.S. Food and Drug Administration.**

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Northridge, CA 91324

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